

**441/3**

PDF Compressor Free Version

**HOME SCIENCE**

**Paper 3**

(Foods and Nutrition)  
 (Practical)



**Mar. 2022 – 1 3/4 hours**

**Name** ..... **Index Number** .....

**Candidate's Signature** ..... **Date** .....

**Instructions to candidates**

**PLANNING SESSION: 30 minutes**

**PRACTICAL TEST SESSION: 1 1/4 hours**

- (a) Read the test carefully.
- (b) Use the Booklet provided for all your work
- (c) Write your name and index number on every sheet of paper used.
- (d) Text books and recipes may be used during the planning session as reference materials.
- (e) You will be expected to keep to your order of work during the practical session.
- (f) You are only allowed to take away your reference materials at the end of the planning session.
- (g) You are not allowed to bring additional notes to the practical session.
- (h) Previously written plans are not allowed into the examination.
- (i) **This paper consists of 20 printed pages.**
- (j) **Candidates should check the question paper to ascertain that all the pages are printed as indicated and that no page is missing.**
- (k) **Candidates should answer the questions in English.**

A007



**THE TEST****PDF Compressor Free Version**

You are staying with your 10 year old brother who is recovering from an illness.

Using the ingredients listed below:

1. Prepare, cook and present a **one course meal** for **him**, using at least **two** cooking methods.
2. Include a nutritious drink.
3. Use **tray** service.

**Ingredients:**

- Beef/chicken/green peas
- Carrots
- Onions
- Potatoes/rice
- Milk
- Margarine
- Green leafy vegetables
- Tomatoes
- Dhania
- Green pepper/capsicum
- Oil/fat
- Salt
- Fruits in season
- Sugar

**PLANNING SESSION – 30 minutes**

Use separate sheets of paper for each task listed below and a carbon paper to make duplicate copies.

Then proceed as follows:

1. Identify the dishes and write their recipes.
2. Write your order of work.
3. Make a list of the foodstuff and equipment you will require.

Name ..... Index Number .....

**441/3 PDF Compressor Free Version**  
**HOME SCIENCE**  
**(FOODS AND NUTRITION)**  
**Paper 3**  
**(PRACTICAL)**  
**1¼ hours**

Candidate's Signature .....

Date .....

Cut along this line



A007

**PDF Compressor Free Version**

915

**BLANK PAGE**  
Teacher.co.ke

A007

Download this and other FREE materials from <https://teacher.co.ke/notes>







**PDF Compressor Free Version**

**BLANK PAGE**  
Teacher.co.ke

A007

Download this and other FREE materials from <https://teacher.co.ke/notes>



910127

*Kenya Certificate of Secondary Education, 2021*  
**441/3**

Name ..... Index Number .....

441/3 **PDF Compressor Free Version**  
**HOME SCIENCE**  
**(FOODS AND NUTRITION)**  
**Paper 3**  
**(PRACTICAL)**  
**1¼ hours**

Candidate's Signature .....

Date .....

Cut along this line



A007

**THIS IS THE LAST PRINTED PAGE.**



## PDF Compressor Free Version

915

BLANK PAGE  
Teacher.co.ke

A007

